



11701

PLEASE COMPLETE IN BLACK INK ONLY.
Structured Interview for PTSD (SIP)

Form fields for initials, ID #, date, visit, age, marital status, gender, race or ethnic origin, and protocol number.

The time period being rated will be the past week.

Section A: Trauma. A row of 15 empty boxes for rating.

Section B: Re-experiencing

Question B1: Have you experienced painful images, thoughts or memories of the trauma which you could not get out of your mind, even though you may have wanted to? Have these been recurrent? Includes response options from 0 to 4.

Question B2: I would like to ask you about your dreams. Have you had repeated dreams of violence, injury, danger, combat, death or other themes related to trauma? Includes response options from 0 to 4.

Question B3: Acting or feeling as if event was currently happening. At times, have you reacted to something as if you were back in the event? Includes response options from 0 to 4.

Question B4: Psychological distress at exposure to reminders of event(s). Do any of the symptoms occur or get worse if something reminds you of the stressful event? Includes response options from 0 to 4.

Question B5: Does exposure to an event that reminds you of, or resembles, the event cause you to have any physical response? Includes response options from 0 to 4.



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initials

ID #

date

/

/

visit

**C Avoidance of stimuli associated with trauma**

**C1 Have you tried to avoid thoughts or feelings about the trauma?**

- 0 no avoidance
- 1 mild: of doubtful significance
- 2 moderate: definite effort is made, but is able to function at work and socially
- 3 severe: definite avoidance which affects life in some way\*\*
- 4 very severe: dramatic effect on life

*\*\*keeps moving from place to place—cannot work—works excessively—or episodic substance abuse because of need to avoid thoughts or feelings*

**C2 Avoidance of activities that arouse recollection of the event**

**Have you avoided places, people, conversations or activities that remind you of the event?**

- 0 no avoidance
- 1 mild: of doubtful significance
- 2 moderate: definite avoidance of situations
- 3 severe: very uncomfortable, and avoidance affects life in some way
- 4 extremely severe: house-bound, cannot go out to shops and restaurants, major functional restrictions

**C3 Psychogenic amnesia**

**Is there an important part of the event that you cannot remember?**

- 0 no problem: remembers everything
- 1 mild: remembers most details
- 2 moderate: some difficulty remembering significant details
- 3 severe: remembers only a few details
- 4 very severe: claims total amnesia for the trauma

**C4 Loss of interest**

**Have you experienced less interest (pleasure) in things that you used to enjoy? In what things have you lost interest?**

**What do you still enjoy?**

- 0 no loss of interest
- 1 one or two activities less pleasurable
- 2 several activities less pleasurable
- 3 most activities less pleasurable
- 4 almost all activities less pleasurable

**C5 Detachment/estrangement**

**Do you have less to do with other people than you used to? Do you estranged from other people?**

- 0 no problem
- 1 feels detached/estranged, but still has normal degree of contact with others
- 2 sometimes avoids contact in which participation would be normal
- 3 definitely and usually avoids people with whom would previously associate
- 4 absolutely refuses or actively avoids all social contact

**C6 Restricted range of affect**

**Can you have warm feelings, or feel close to others? Do you feel numb?**

- 0 no problem
- 1 mild: of questionable significance
- 2 moderate: some difficulty expressing feelings
- 3 severe: definite problems with expressing feelings
- 4 very severe: has no feelings, feels numb most of the time

**C7 Foreshortened future**

**What do you see happening in your future? What do you visualize as you grow old?**

**What are your expectations of the future?**

- 0 describes positive or realistic future
- 1 mild: describes pessimistic outlook at times, but varies from day to day depending on events
- 2 moderate: pessimistic much of the time
- 3 severe: constantly pessimistic
- 4 can see no future/views early death as likely (but without adequate medical basis)

