

FlashFocus

Fast insights for curious brains

FlashFocus showcases recent research and resources.
Read on to discover the latest from the Center.

Designed with YOU in Mind!



Introducing Our New Website!

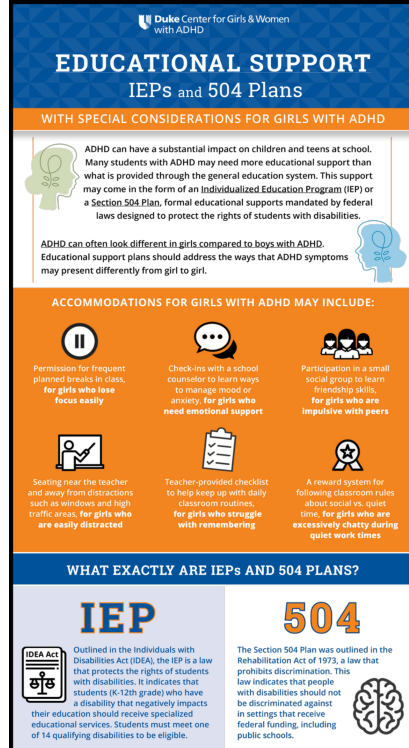
With simpler navigation and updated resources, we've made it easier to support girls and women with ADHD every step of the way.

Our mission hasn't changed, but the way you experience it just got a whole lot better.

Your next hyperfocus starts here!

Fresh Notebooks, Fresh Strategies

Help girls with ADHD start the school year strong. The Center's



quick guide for educational support examines:

- Individualized Education Programs (IEPs) and 504 Plans
- Special considerations for girls with ADHD

[Check out our guide!](#)

Smithsonian Magazine

Dr. Julia Schechter spoke with *Smithsonian Magazine* in July about ADHD in girls and women, noting that inattentive symptoms often go unrecognized since “they’re not what teachers are calling home about,” leading to delays in diagnosis and treatment.



[Read the article](#)

Support the Center

Together, let's create a brighter future for girls and women with ADHD.

[DONATE NOW](#)

[Connect with us](#)



[Manage](#) your preferences | [Opt Out](#) using TrueRemove™
Got this as a forward? [Sign up](#) to receive our future emails.
View this email [online](#).

2608 Erwin Road Suite 300 | Durham, NC 27705 US

This email was sent to .
To continue receiving our emails, add us to your address book.

[Subscribe](#) to our email list.