

FlashFocus

Fast insights for curious brains

*Introducing **FlashFocus**, our new digest showcasing recent research and resources. Read on to discover the latest from the Center.*



ADHD + OT

April was Occupational Therapy Awareness Month, and the Center's *Research Spotlight* highlighted a study investigating an occupational therapy intervention for women with ADHD.

[Learn more](#)

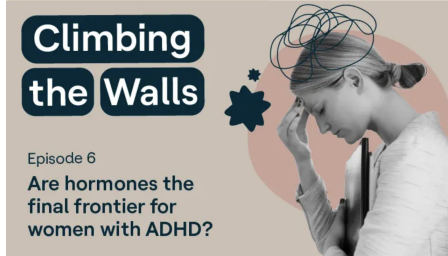
Misophonia

The Center collaborated with the [Duke Center for Misophonia](#) to discuss the potential connection between misophonia and ADHD. Haven't heard of misophonia? Check out the post on [Instagram](#) and [Facebook](#).

[Learn more](#)



Climbing the Walls



The Center's Dr. Julia Schechter was a guest expert on understood.org's podcast series, *Climbing the Walls*, which discussed the latest research on ADHD in women.

[Listen here](#)

Support the Center

Together, let's create a brighter future for girls and women with ADHD.

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